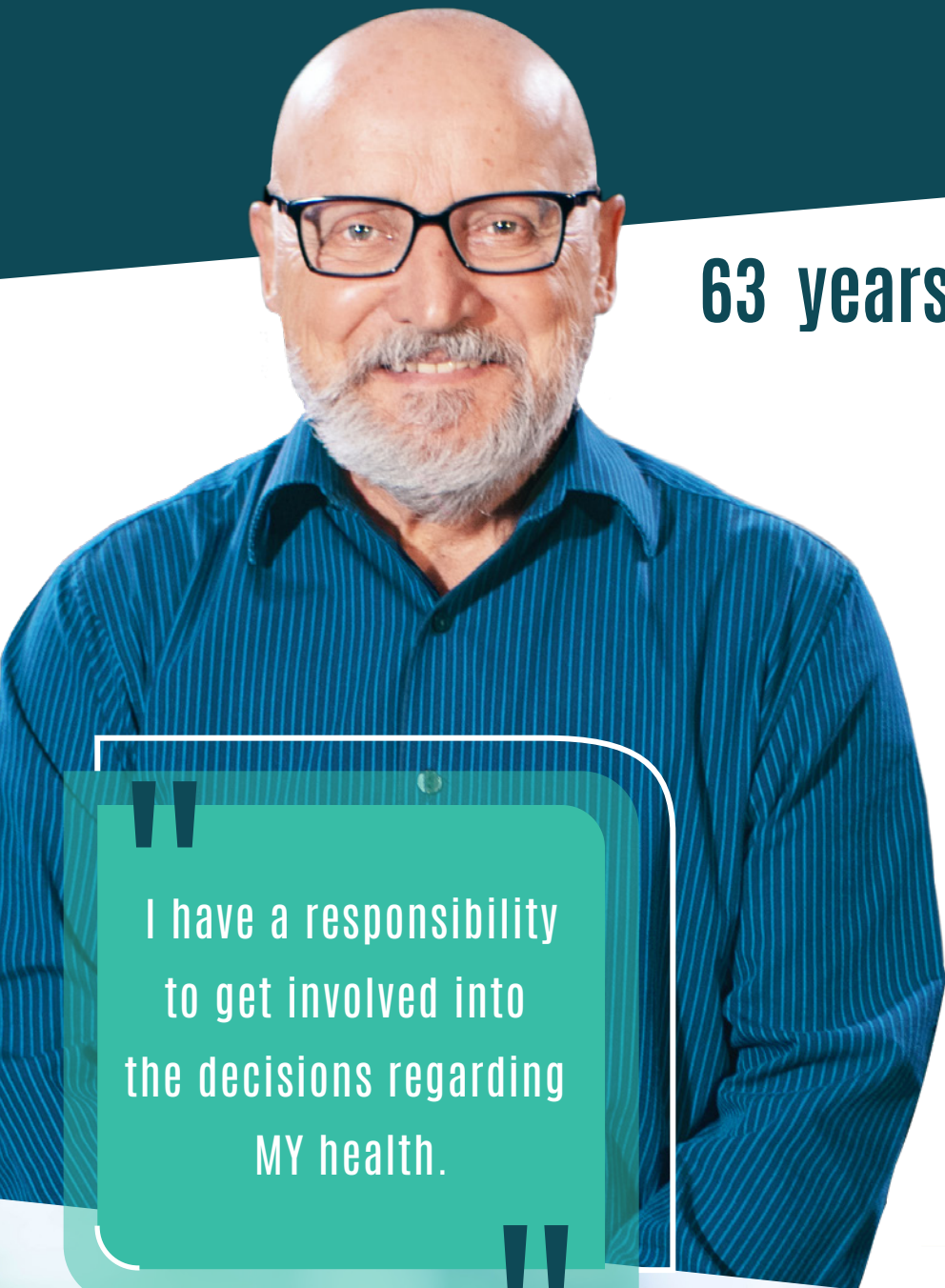


Richard, making is own decisions



63 years old man, widow, on medical leave



Health issues

PULMONARY DISEASE | SEVERE ARTHROSIS IN THE KNEES
HAD AN INFARCTION THREE YEARS AGO | ANXIETY DISORDER
UNDERWENT THREE CORONARY BY-PASSES | MOURNING A LOSS

Unsure if he should engage in a smoking-cessation program

As a patient, I have a responsibility to question my provider. I want to know what my options are. Making sure that any health-related decision takes into account MY personal values and MY preferences is part of my involvement.

I have a responsibility to get involved into the decisions regarding MY health.



Claire, FMG nurse for 12 years

As a healthcare professional, I encourage my patient to discuss any fears or concerns he may have. I question him about his objectives and personal values, so he can make the best choice for himself.



I encourage Richard to talk about what matters most to him.



Permission requests should be addressed to Marie-Eve Poitras (marie-eve.poitras@usherbrooke.ca).



RESEARCH CHAIR ON OPTIMAL PROFESSIONAL PRACTICES IN PRIMARY CARE

